















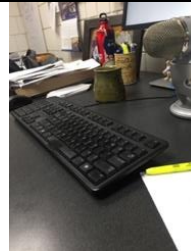
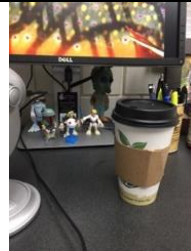
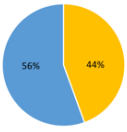
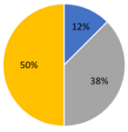
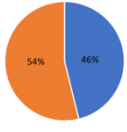

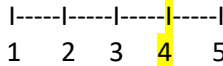





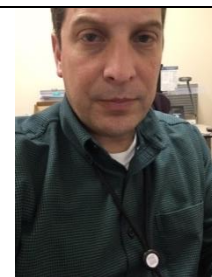


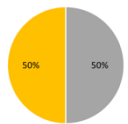
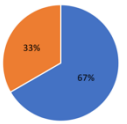
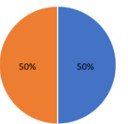
Daily Data Visualization- 2/19/18

	Day 1 sample 1	Day 1 Sample 2	Day 1 Sample 3	Day 1 Sample 4	Day 1 Sample 5	Day 1 Sample 6
	11:41 AM	11:55 AM	12:25 PM	3:24 PM	4:07 PM	7:27 PM
How absorbed were you?	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5
Where are you?	Work	Work	Work	Work	Work	Work
Skill vs. Challenge						
Were you alone or with someone?						
What did you do towards your goal?	Tried to be balanced	Been responsive to home/family issues	Not much	Texted kids	Nothing	Nothing
Image						









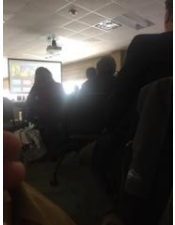
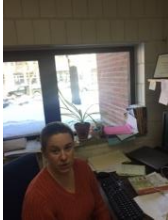


Daily Values:	Level of Absorption	Level of Activity Toward Goal	Skill vs. Challenge
	 <ul style="list-style-type: none"> ■ 1 ■ 2 ■ 3 ■ 4 ■ 5 	 <ul style="list-style-type: none"> ■ 1 ■ 2 ■ 3 ■ 4 ■ 5 	 <ul style="list-style-type: none"> ■ Skill ■ Challenge

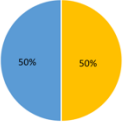

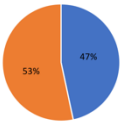
Daily Data Visualization- 2/20/18

	Day 2 sample 1	Day 2 Sample 2
	5:44 PM	6:39 PM
How absorbed were you?		
Where are you?	Work	Work
Skill vs. Challenge		
Were you alone or with someone?		
What did you do towards your goal?	Nothing	Nothing
Image		

Daily Values:	<p>Level of Activity Toward Goal</p> 	<p>Level of Activity Toward Goal</p> 	<p>Skill vs. Challenge</p> 
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Daily Data Visualization- 2/21/18

	Day 3 sample 1	Day 3 Sample 2	Day 3 Sample 3	Day 3 Sample 4
	12:45 PM	1:50 PM	2:44 PM	5:34 PM
How absorbed were you?	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5
Where are you?	CETL Conference	Work	Work	Work
Skill vs. Challenge				
Were you alone or with someone?				
What did you do towards your goal?	Nothing	Nothing	Nothing	Right now. Spending time. Need to be more present.
Image				








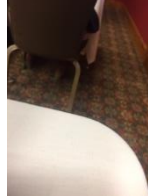
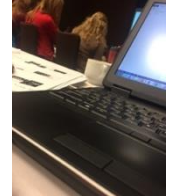
Daily Values:	<p>Level of Absorption</p>  <ul style="list-style-type: none"> ■ 1 ■ 2 ■ 3 ■ 4 ■ 5 	<p>Level of Activity Towards Goal</p>  <ul style="list-style-type: none"> ■ 1 ■ 2 ■ 3 ■ 4 ■ 5 	<p>Skill vs. Challenge</p>  <ul style="list-style-type: none"> ■ skill ■ challenge
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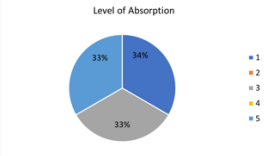


Daily Data Visualization- 2/22/18

	Day 4 sample 1	Day 4 Sample 2
	8:11 AM	7:00 PM
How absorbed were you?		
Where are you?	Home	Basketball game
Skill vs. Challenge		
Were you alone or with someone?		
What did you do towards your goal?	Played chess with Zak last night	Family time
Image		


Daily Values:	<p>Level of Absorption</p>	<p>Level of Activity Towards Goal</p>	<p>Skill vs. Challenge</p>

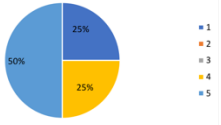
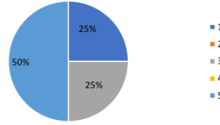
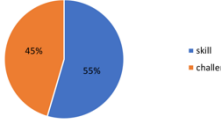
Daily Data Visualization- 2/23/18

	Day 5 sample 1	Day 5 Sample 2	Day 5 Sample 3
	9:36 AM	10:38 AM	11:04 AM
How absorbed were you?	----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- 1 2 3 4 5	1 ----- ----- ----- ----- 1 2 3 4 5
Where are you?	WSHA Conference	WSHA Conference	WSHA Conference
Skill vs. Challenge			
Were you alone or with someone?			
What did you do towards your goal?	Family here	Quinn at water park	Nothing
Image			

Daily Values:			
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Daily Data Visualization- 2/24/18

	Day 6 sample 1	Day 6 Sample 2	Day 6 Sample 3	Day 6 Sample 4
	8:55 AM	9:13 AM	11:50 AM	3:31 PM
How absorbed were you?	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5	----- ----- ----- ----- ----- 1 2 3 4 5
Where are you?	WSHA conference	WSHA conference	Go karting	WSHA conference
Skill vs. Challenge				
Were you alone or with someone?				
What did you do towards your goal?	Waterpark	Waterpark	Go karts	Nothing
Image	N/A			

<p>Daily Values:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Level of Absorption</p>  </div> <div style="text-align: center;"> <p>Level of Activity Toward Goal</p>  </div> <div style="text-align: center;"> <p>Skill vs. Challenge</p>  </div> </div>
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Daily Data Visualization- 2/25/18

	Day 7 sample 1	Day 7 Sample 2	Day 7 Sample 3
	11:29 AM	1:28 PM	7:40 PM
How absorbed were you?			
Where are you?	Home	Home	Home
Skill vs. Challenge			
Were you alone or with someone?			
What did you do towards your goal?	Hung out with Quinn	Spent time with Liam a bit	Tried to do a few things with the kids but they went to friend's house or had friends over.
Image			

<p>Daily Values:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Level of Absorption</p> </div> <div style="text-align: center;"> <p>Level of Activity Towards Goal</p> </div> <div style="text-align: center;"> <p>Skill vs. Challenge</p> </div> </div>
